Teamwork & Friends - Trainingsrennen powered by Teamwork Sport + Events e.V.

Ergebnisse **45 min + 1 Rd.** 1 Rd. = 1,8 km 10.04.16

Platz	Pl. AK	Nr.	Vorname	Nachname		Team/Verein	Jhg.	AK	1.Rd.	2.Rd.	Split	3.Rd.	Split	4.Rd.	Split	5.Rd.	Split	6.Rd.	Split	7.Rd	Split	8.Rd.	Split	9.Rd.	Split
1	1	65	**Peter**	**Westphal**	M	BRC Zugvogel	1971	M 45	05:07	10:12	05:05	15:27	05:15	20:49	05:22	26:12	05:23	31:33	05:21	37:04	05:31	42:31	05:27	47:45	05:14
2	1	66	**Thomas**	**Hebestreit**	M	bike-planet.net	1974	M 40	05:05	10:33	05:28	16:04	05:31	21:41	05:37	27:18	05:37	33:03	05:45	38:47	05:44	44:28	05:41	50:18	05:50
3	1	64	**Merlin**	**Rose**	M	Radteam Borgsdorf	1987	M HK	05:06	10:59	05:53	16:52	05:53	22:51	05:59	28:47	05:56	34:37	05:50	40:22	05:45	45:50	05:28		
4	2	68	**Marian**	**Rahn**	M	Radteam Borgsdorf	1970	M 45	05:32	11:16	05:44	17:04	05:48	22:57	05:53	28:49	05:52	34:43	05:54	40:28	05:45	46:04	05:36		
5	2	53	**Timo**	**Bank**	M	PSV Racing Team	1975	M 40	05:41	11:35	05:54	17:46	06:11	23:29	05:43	29:27	05:58	35:25	05:58	41:20	05:55	47:30	06:10		
6	1	54	**Steffen**	**Bank**	M	PSV Racing Team	1978	M 35	05:39	11:32	05:53	17:43	06:11	23:44	06:01	29:54	06:10	35:59	06:05	42:03	06:04	47:48	05:45		
7	1	63	**Karsten**	**Cremers**	M	Eichhörnchen	1962	M 50	06:22	12:39	06:17	18:57	06:18	25:32	06:35	31:50	06:18	38:29	06:39	45:07	06:38				
8	1	62	**Matthias**	**Pocha**	M		1986	M 30	06:46	13:18	06:32	20:01	06:43	26:42	06:41	33:17	06:35	39:54	06:37	46:07	06:13				
9	2	60	**Rolf**	**Leben**	M	Boxtempel Berlin	1977	M 35	07:20	14:29	07:09	21:32	07:03	28:13	06:41	35:15	07:02	42:17	07:02	48:58	06:41				
10	2	55	**Marc**	**Schultz**	M		1983	M 30	06:40	13:54	07:14	20:56	07:02	28:09	07:13	35:09	07:00	42:07	06:58	49:01	06:54				
1	1	67	**Marie**	**Volke**	W	Radteam Borgsdorf	1986	W 30	07:13	14:27	07:14	21:37	07:10	29:12	07:35	36:44	07:32	44:17	07:33	51:42	07:25				
11	3	61	**Jesco**	**Vetter**	M		1978	M 35	07:10	14:19	07:09	21:47	07:28	29:14	07:27	36:53	07:39	44:39	07:46	52:08	07:29				
12	3	52	**Björn**	**Götze**	M	Teamwork Berlin Triathlon	1972	M 40	07:17	14:33	07:16	21:54	07:21	29:17	07:23	36:55	07:38	44:40	07:45	52:25	07:45				
13	4	59	**Ralf**	**Hackradt**	M	Boxtempel Berlin	1972	M 40	06:11	12:46	06:35	19:39	06:53	26:23	06:44	33:08	06:45								